



2024 Spring (April) Gateway Academy

April 9 - 30, 2024

Gateway Academy is an accelerated program into Figure Skating and is by invitation only. Skaters must be under the age of 9.

ON-Ice Fundamentals

- Jumping
- Spinning
- Theatre on Ice
- Field Moves
- Edges & Turns

OFF-Ice Fundamentals

- Body Awareness
- Dryland Jumping
- Fitness
- Dance
- Creative Movement

This program promotes:

- Self-discipline
- Confidence
- Competitive Drive
- Team Spirit
- Fun & Enjoyment

PACKAGES & PRICING

| | |
|-------------------------------|----------|
| 2 Day: Sun/Thurs | \$120.00 |
| 2 Day: Sun/Tues OR Tues/Thurs | \$140.00 |
| 3-Day: Sun/Tues/Thurs | \$200.00 |

Skate Canada Membership Fee of \$58.65 will be added to all Gateway Academy registrations.

Valid from September 1, 2023 - August 31, 2024.

SCHEDULE & LOCATION

| Tuesday Mill Woods A | Thursday Mill Woods B | Sunday Meadows East |
|---------------------------------------|---------------------------------------|--|
| 5:45-7:30 | 4:45-6:30 | 12:30 - 2:15 pm |
| 5:45-6:15 OFF ice 6:30-7:30 ON ice | 4:45-5:30 OFF ice 5:45-6:30 ON ice | 12:30-1:15 OFF ice 1:30-2:15 ON ice |

* Skaters must select a **minimum of two days**.

EQUIPMENT

- Figure skates, guards for skates, gloves, skating attire (fitted clothing), running shoes, yoga mat.

NOTES

- Schedules are subject to change at any time. Please check the Events Calendar on the website regularly for changes.
- Register online through your Uplifter account at www.gatewayskatingclub.org.
- DEADLINE to register is **April 5**.
- See Calendar below.

MANDATORY VOLUNTEERING

- Academy+ skaters will be required to commit to 2 volunteer shifts.



For further inquiries, contact Nathan Chung at nathann1600@gmail.com

APRIL 2024



SUN MON TUE WED THU FRI SAT

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|--|-----------|---|-----------|--|-----------|-----------|
| | 01 | 02 | 03 | 04 | 05 | 06 |
| 07 | 08 | 09 FIRST DAY 5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A | 10 | 11 4:45-5:30 OFF ice 5:45-6:30 ON ice Mill Woods B | 12 | 13 |
| 14 12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows <u>WEST</u> | 15 | 16 5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A | 17 | 18 4:45-5:30 OFF ice 5:45-6:30 ON ice Mill Woods B | 19 | 20 |
| 21 12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows East | 22 | 23 5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A | 24 | 25 4:45-5:30 OFF ice 5:45-6:30 ON ice Mill Woods B | 26 | 27 |
| 28 12:30-1:15 OFF ice 1:30-2:15 ON ice Meadows East | 29 | 30 5:45-6:15 OFF ice 6:30-7:30 ON ice Mill Woods A | 01 | 02 | 03 | 04 |