



# 2024 Winter Gateway Academy

January 4 - March 28, 2024

Gateway Academy is an accelerated program into Figure Skating and is by invitation only. Skaters must be under the age of 9.

### ON-Ice Fundamentals

- Jumping
- Spinning
- Theatre on Ice
- Field Moves
- Edges & Turns

### OFF-Ice Fundamentals

- Body Awareness
- Dryland Jumping
- Fitness
- Dance
- Creative Movement

### This program promotes:

- Self-discipline
- Confidence
- Competitive Drive
- Team Spirit
- Fun & Enjoyment

## PACKAGES & PRICING (Jan - Mar)

Academy 2-Day Package	\$410.00
Academy 3-Day Package**	\$525.00

Skate Canada Membership Fee of \$58.65 will be added to all Gateway Academy registrations.

Valid from September 1, 2023 - August 31, 2024.

## SCHEDULE & LOCATION

Tuesday Mill Woods A	Thursday Mill Woods B	Sunday Meadows East
<b>5:45-7:30</b>	<b>4:45-6:30</b>	<b>12:30 - 2:15 pm</b>
5:45-6:15 OFF ice 6:30-7:30 ON ice	4:45-5:30 OFF ice 5:45-6:30 ON ice	12:30-1:15 OFF ice 1:30-2:15 ON ice

\* Skaters must select a **minimum of two days**.

\*\* 3 classes per week is recommended for accelerated progress. 20% discount will be given for the additional day.

## EQUIPMENT

- Figure skates, guards for skates, gloves, skating attire (fitted clothing), running shoes, yoga mat.

## NOTES

- Schedules are subject to change at any time. Please check the Events Calendar on the website regularly for changes.
- Register online through your Uplifter account at [www.gatewayskatingclub.org](http://www.gatewayskatingclub.org).
- DEADLINE to register is **December 28**.

## MANDATORY VOLUNTEERING

- Academy+ skaters will be required to commit to 2 volunteer shifts.



For further inquiries, contact Nathan Chung at [nathann1600@gmail.com](mailto:nathann1600@gmail.com)