



2024-2025 FALL / WINTER SCHEDULE

September 3, 2024 - May 2, 2025

Monday Meadows W	Tuesday Mill Woods A			Mill Woods B	Wednesday Kinsmen
4:15-4:30 - Edge SENIOR	4:00-4:45 - Freeskate STAR O12 / ADULT			4:00-4:15 - Edge SENIOR	4:00-4:45 - Freeskate SENIOR INTERMEDIATE A
4:30-5:15 - Freeskate SENIOR	4:45-5:15 - D / S / C STAR O12 / ADULT INT A INT B			4:15-5:15 - Freeskate SENIOR	4:45-5:00 - Group SENIOR INT A STAR O12 B JUNIOR
5:15-5:30 - FLOOD	5:15-6:00 - Freeskate INTERMEDIATE A INTERMEDIATE B			5:15-5:45 - D / S / C SENIOR	5:00-5:45 - Freeskate JUNIOR STAR O12 B
5:30-5:45 - Edge JUNIOR INTERMEDIATE B				5:45-6:00 - FLOOD SENIOR	5:45-6:00 - FLOOD JUNIOR STAR O12 B
5:45-6:30 - Freeskate JUNIOR INTERMEDIATE B				6:00-7:00 GATEWAY ACADEMY	6:00-6:45 CANSKATE
6:30-6:45 - Spins JUNIOR INTERMEDIATE B					6:45-7:30 CANSKATE
6:45-7:30 CANSKATE					

OFF ICE

Monday	Tuesday			Wednesday
4:30-5:15 JUNIOR INTERMEDIATE B	5:30-6:00 STAR O12 / ADULT			5:10-5:45 INTERMEDIATE A SENIOR
5:30-6:30 SENIOR	6:15-6:45 INTERMEDIATE A INTERMEDIATE B			6:00-6:30 JUNIOR

Thursday Mill Woods B	Friday Meadows E	Saturday Mill Woods B	Sunday Meadows E
3:00-4:00 - Open ALL CATEGORIES	4:00-4:45 - Freeskate JUNIOR	8:45-9:00 - Edge JUNIOR	1:30-2:15 GATEWAY ACADEMY
4:00-5:00 - Freeskate SENIOR	4:45-5:00 - Edge JUNIOR INT A INT B	9:00-9:45 - Freeskate JUNIOR	2:15-3:00 STARPREP / ADULT LTS
5:00-5:15 - Edge SENIOR	5:00-5:45 - Freeskate INTERMEDIATE A INTERMEDIATE B	9:45-10:15 - D / S / C JUNIOR INT A INT B	3:00-3:15 - FLOOD
5:15-5:30 - FLOOD	5:45-6:00 - FLOOD	10:15-11:00 - Freeskate INTERMEDIATE A INTERMEDIATE B	3:15-4:00 CANSKATE
5:30-6:30 CANSKATE	6:00-6:15 - Edge SENIOR	11:00-11:15 - Edge STAR O12 / ADULT INT A INT B	4:00-4:45 CANSKATE
	6:15-7:00 - Freeskate SENIOR	11:15-12:00 - Freeskate STAR O12 / ADULT	4:45-5:00 - FLOOD
	7:00-7:15 - Edge SENIOR	12:00-12:15 - FLOOD	5:00-5:45 CANSKATE
Mill Woods A 4:00-4:15 - Edge Star O12 A INT A INT B	7:15-8:00 ADULT FIGURE SKATING	12:15-12:45 - D / S / C STAR O12 / ADULT SENIOR	
4:15-5:00 - Freeskate Star O12 A INT A INT B		12:45-1:30 - Freeskate INT A (Add on) SENIOR	
5:00-5:15 - Group Star O12 A INT A INT B	Mill Woods B	1:30-2:15 CANSKATE	
5:15-6:00 GATEWAY ACADEMY	6:30-7:30 am - Open ALL CATEGORIES	2:15-2:30 - FLOOD	
		2:30-3:15 CANSKATE	

OFF ICE

Thursday	Friday	Saturday	Sunday
5:30-6:15 STAR O12 A INT A INT B	5:15-5:45 JUNIOR	10:30-11:15 JUNIOR	12:30-1:15 GATEWAY ACADEMY
5:30-6:15 SENIOR	5:00-5:45 SENIOR	11:15-12:00 SENIOR	
6:15-7:00 GATEWAY ACADEMY	6:00-6:45 INTERMEDIATE A INTERMEDIATE B	11:30-12:15 INTERMEDIATE A INTERMEDIATE B	
		1:00-1:30 STAR O12 / ADULT	

D / S / C. Dance, Skills, Choreography