



## 2024-2025 FALL / WINTER SCHEDULE

September 3, 2024 - May 2, 2025

Monday	Tuesday	Wednesday	Thursday
Meadows W	Mill Woods B	Mill Woods A	Kinsmen
4:15-4:30 - Edge	4:00-4:45 - Freeskate	4:00-4:15 - Edge	4:00-4:45 - Freeskate
SENIOR	O12 / ADULT	SENIOR	SENIOR
4:30-5:15 - Freeskate	4:45-5:15 - D / S / C	4:15-5:15 - Freeskate	4:45-5:00 - Group
SENIOR	O12 / ADULT	SENIOR	SENIOR
5:15-5:30 - FLOOD	5:15-6:00 - Freeskate	5:15-5:45 - D / S / C	5:00-5:45
5:30-5:45 - Edge	INTERMEDIATE A	SENIOR	JUNIOR
JUNIOR	INTERMEDIATE B	5:45-6:00 - FLOOD	5:45-6:00 - FLOOD
5:45-6:30 - Freeskate		6:00-7:00	6:00-6:45
JUNIOR		GATEWAY ACADEMY	CANSKATE
6:30-6:45 - Spins			6:45-7:30
JUNIOR			CANSKATE
6:45-7:30			
CANSKATE			
OFF ICE			
Monday	Tuesday	Wednesday	Thursday
4:30-5:15	5:30-6:00	5:15-5:45	5:10-5:55
JUNIOR	O12 / ADULT	GATEWAY ACADEMY	INTERMEDIATE A
5:30-6:30	6:15-6:45	6:00-6:30	6:00-6:30
SENIOR	INTERMEDIATE A	SENIOR	JUNIOR

Thursday	Friday	Saturday	Sunday
Mill Woods B	Meadows E	Mill Woods B	Meadows E
3:00-4:00 - Open	4:00-4:45 - Freeskate	8:45-9:00 - Edge	1:30-2:15
ALL CATEGORIES	JUNIOR	JUNIOR	GATEWAY ACADEMY
4:00-5:00 - Freeskate	4:45-5:00 - Edge	9:00-9:45 - Freeskate	2:15-3:00
SENIOR	JUNIOR	JUNIOR	STARPREP / ADULT LTS
5:00-5:15 - Edge	5:00-5:45 - Freeskate	9:45-10:15 - D / S / C	3:00-3:15 - FLOOD
SENIOR	INTERMEDIATE A	JUNIOR	CANSKATE
5:15-5:30 - FLOOD	5:45-6:00 - FLOOD	10:15-11:00 - Freeskate	3:15-4:00
5:30-6:30	6:00-6:15 - Edge	INTERMEDIATE	4:00-4:45
CANSKATE	INTERMEDIATE A	11:00-11:15 - Edge	CANSKATE
	6:15-7:00 - Freeskate	O12 / ADULT	4:45-5:00 - FLOOD
	INTERMEDIATE A	INT A	5:00-5:45
	SENIOR	INT B	CANSKATE
Mill Woods A	7:00-7:15 - Edge	O12/ADULT	
4:00-4:15 - Edge	SENIOR	11:15-12:00 - Freeskate	
O12 A	SENIOR	12:00-12:15 - FLOOD	
4:15-5:00 - Freeskate	7:15-8:00	12:15-12:45 - D / S / C	
O12 A	ADULT FIGURE SKATING	O12 / ADULT	
5:00-5:15 - Group		SENIOR	
O12 A		12:45-1:30 - Freeskate	
5:15-6:00		SENIOR	
GATEWAY ACADEMY		1:30-2:15	
		CANSKATE	
		2:15-2:30 - FLOOD	
		2:30-3:15	
		CANSKATE	
OFF ICE			
Thursday	Friday	Saturday	Sunday
5:30-6:15	5:15-5:45	10:30-11:15	12:30-1:15
O12 A	JUNIOR	JUNIOR	GATEWAY ACADEMY
5:30-6:15	5:00-5:45	11:15-12:00	
SENIOR	SENIOR	SENIOR	
6:15-7:00	6:00-6:45	11:30-12:15	
GATEWAY ACADEMY	INTERMEDIATE	INTERMEDIATE	
		1:00-1:30	
		O12 / ADULT	

*D / S / C: Dance, Skills, Choreography*